



# IMS ISO 9001, ISO 14001, ISO 45001 INTEGRATED MANAGEMENT SYSTEM (IMS) AWARENESS TRAINING

This awareness training aims to provide participants with a fundamental understanding of the principles and key requirements of ISO 9001 (Quality Management), ISO 14001 (Environmental Management) and ISO 45001 (Occupational Health and Safety). The course focuses on creating awareness about how these standards work together as an Integrated Management System (IMS) to promote operational efficiency, regulatory compliance and sustainable business practices.



## OBJECTIVE

- To understand the purpose and benefits of an Integrated Management System (IMS).
- To recognize the common structure (Annex SL) across the standards.
- To develop awareness of roles and responsibilities in maintaining IMS compliance.
- To promote a culture of quality, environmental responsibility, and workplace safety.

## FEE

- Online: RM 756
- Face-to-face: RM 1384  
(Included 8% SST)

## DURATION

- 2 Days
- 7 Hours/day
- (9 am - 5 pm) with One Hour Break

## FOR WHO

All levels of employees, Managers and supervisors, IMS support staff, Any personnel interested in understanding IMS concepts

## COURSE CONTENT

1. Introduction to Integrated Management Systems (IMS)
2. Overview of Individual Standards
3. Key Requirements and Clauses
4. IMS Roles and Responsibilities
5. Awareness Best Practices

# AGENDA DAY 1

Time	Activity
9.00 am	Registration & Introduction <ul style="list-style-type: none"><li>• Welcome address and participant introduction</li><li>• Course objectives and overview</li></ul>
9.30 am	Introduction to Integrated Management Systems (IMS) <ul style="list-style-type: none"><li>• Definition and benefits of IMS</li><li>• Overview of Annex SL: The common framework for ISO standards</li></ul>
10.30 am	Overview of ISO 9001 (Quality Management System) <ul style="list-style-type: none"><li>• Purpose and key requirements</li><li>• Customer focus, leadership, and process approach</li></ul>
1.00 pm	Lunch
2.00 pm	Audit planning
2.30 pm	Overview of ISO 14001 (Environmental Management System) <ul style="list-style-type: none"><li>• Purpose and key requirements</li><li>• Environmental policy, risk assessment, and lifecycle perspective</li></ul>
3.30 pm	Overview of ISO 45001 (Occupational Health and Safety) <ul style="list-style-type: none"><li>• Purpose and key requirements</li><li>• Hazard identification, risk assessment, and worker participation</li></ul>
4.45 pm	Q & A session

## AGENDA DAY 2

Time	Activity
9.00 am	Recap Day 1
9.30 am	IMS Key Common Elements <ul style="list-style-type: none"><li>• Leadership and commitment</li><li>• Context of the organization and stakeholder requirements</li><li>• Risk-based thinking and objectives setting</li></ul>
10.30 am	IMS Operational and Documentation Requirements <ul style="list-style-type: none"><li>• Operational control for quality, environment, and safety</li><li>• Documentation and record-keeping practices</li></ul>
1.00 pm	Lunch
2.00 pm	Performance Evaluation and Continual Improvement <ul style="list-style-type: none"><li>• Monitoring, measurement, and internal audits</li><li>• Corrective actions and continuous improvement strategies</li></ul>
2.30 pm	Group Workshop: Identifying IMS Awareness Opportunities <ul style="list-style-type: none"><li>• Interactive activity on promoting IMS culture</li><li>• Sharing best practices</li></ul>
4.30 pm	Course Review and Closing <ul style="list-style-type: none"><li>• Summary of key concepts</li><li>• Q&amp;A session</li><li>• Feedback and certificate distribution</li></ul>