



ISO 45001:2018 OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT SYSTEMS AWARENESS TRAINING

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COURSE OVERVIEW

This course provides a basic understanding of Occupational Health and Safety Management Systems (OHSMS). It covers key principles of workplace safety, an overview of ISO 45001:2018 and practical steps to identify and manage risks. Participants will learn about roles and responsibilities, hazard identification. emergency planning, and ways to improve safety performance.

OBJECTIVE

- Understand the fundamental principles of Occupational Health and Safety Management Systems (OHSMS).
- · Recognize the key elements of ISO 45001:2018 (or relevant OHS standards).
- Identify roles and responsibilities in maintaining safe healthy а and workplace.
- Comprehend risk assessment and hazard identification processes.
- Foster a safety culture within their organizations.

FOR WHO

Employees, supervisors, safety officers, and managers who are responsible for maintaining a safe and healthy workplace. It is ideal for those seeking a better understanding of occupational health and principles, risk safetv management practices and compliance.

FEE

- Online: RM 540
- Face-to-face: RM 864 (Included 8% SST)

AGENDA

- 8.50 am **Participants arrival**
- 9.00 am Introduction to OHSMS
 - Importance of workplace safety
 - Benefits of implementing OHSMS
- 10.40 am Understanding ISO 45001:2018
 - Key clauses
 - Requirements
- Lunch Break 1.00 pm
- 2.00 pm **Roles and Responsibilities**
 - Leadership and worker involvement
 - Competency and awareness
- 3.00 pm **Hazard Identification & Risk** Assessment
 - Risk management principles
 - Practical risk assessment techniques
- 4.00 pm **Emergency Preparedness & Continuous Improvement**
 - Developing and testing emergency plans
 - Monitoring, measurement, and corrective actions
- 5.00 pm **Training End**

DURATION

7 Hours (9 am - 5 pm) with one hour break



ATTENTION

- The full fee is required with your registration.
- Once a registration is confirmed, NO CANCELLATION IS ALLOWED.
- If the registered delegate is unable to attend, a substitute is allowed without payment of an administration fee.
- All cancellations must be done in writing (letter/email) to Trans Certification & Inspection Sdn Bhd.
- A full (100%) refund may be granted if the course is cancelled by Trans Certification & Inspection Sdn Bhd.
- Trans Certification & Inspection Sdn Bhd reserves the right to cancel or postpone the programme due to unforeseen circumstances.
- Trans Certification & Inspection Sdn Bhd also reserves the right to modify the advertised topics or course timings whenever necessary.
- Late payment is subject to "1.5% late payment interest per month, on daily rest".

Condition	For PAID Registrants	For UNPAID Registrants
Cancellation more than 14 working days prior to training	Full refund	Not applicable
Cancellation less than 14 working days but more than 7 working days prior to training	10% administration fee chargeable	10% administration fee chargeable
Cancellation less than 7 working days prior to training	No refund	Full fees chargeable
Participant no-show	No refund	Full fees chargeable