



# ISO 45001:2018 OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT SYSTEMS UNDERSTANDING REQUIREMENTS

#### CONTACT INFO

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#### **PROGRAM OVERVIEW**

This training aims to provide participants with a comprehensive understanding of the requirements of ISO 45001:2018 or other relevant OHS standards. Participants will gain the knowledge and skills needed to interpret, apply, and maintain an effective Occupational Health and Safety Management System (OHSMS) that meets international standards and legal requirements.

#### **OBJECTIVES**

- To understand the purpose and benefits of implementing an OHSMS
- To interpret and apply the requirements of ISO 45001:2018.
- To identify and assess workplace hazards and risks systematically.
- To ensure compliance with relevant legal and regulatory requirements.
- To establish effective communication and worker participation processes.

### **COURSE CONTENTS**

- Introduction to OHSMS and ISO 45001:2018
- Context of the Organization
- Leadership and Worker Participation
- Planning: Risk Assessment and Hazard Identification
- Support: Competency, Awareness, and Communication
- Operational Control and Emergency Preparedness
- Performance Evaluation: Monitoring and Measurement
- Improvement and Corrective Actions

#### FOR WHO

Safety managers, supervisors, compliance officers, and professionals involved in establishing, implementing and maintaining an OHSMS.

## DURATION

- 2 Days
- 7 Hours/day (9 am 5 pm) with One Hour Break

#### FEE

- Online: RM 864
- Face-to-face: RM 1384 (Included 8% SST)

## AGENDA

# **DAY 1**

8.50 am	Participant's arrival and registration
9.00 am	<ul> <li>Introduction to OHSMS and ISO 45001:2018</li> <li>Purpose and benefits of OHSMS</li> <li>Key principles and structure of ISO 45001:2018</li> </ul>
11.00 am	<ul><li>Context of the Organization</li><li>Understanding internal and external issues</li><li>Determining stakeholder needs and expectations</li></ul>
1.00 pm	Lunch
2.00 pm	<ul><li>Leadership and Worker Participation</li><li>Top management commitment</li><li>Roles, responsibilities and worker involvement</li></ul>
3.00 pm	<ul> <li>Planning</li> <li>Risk and opportunity identification</li> <li>Hazard identification and risk assessment</li> <li>Setting OHS objectives</li> </ul>
	Q&A
5.00 pm	Training End

# **DAY 2**

8.50 am	Participant's arrival and registration		
9.00 am	Recap of Day 1		
9.30 am	<ul><li>Support</li><li>Competency, training, and awareness</li><li>Communication and documented information</li></ul>		
11.00 am	Operation <ul> <li>Operational planning and control</li> <li>Emergency preparedness and response</li> </ul>		
1.00 pm	Lunch		
2.00 pm	<ul> <li>Performance Evaluation</li> <li>Monitoring, measurement, and evaluation</li> <li>Internal audits and management review</li> </ul>		
3.00 pm	<ul> <li>Improvement <ul> <li>Non-conformance and corrective actions</li> <li>Continuous improvement strategies</li> </ul> </li> </ul>		
	Q&A		
5.00 pm	Training End		

### ATTENTION

- The full fee is required with your registration.
- Once a registration is confirmed, NO CANCELLATION IS ALLOWED.
- If the registered delegate is unable to attend, a substitute is allowed without payment of an administration fee.
- All cancellations must be done in writing (letter/email) to Trans Certification & Inspection Sdn Bhd.
- A full (100%) refund may be granted if the course is cancelled by Trans Certification & Inspection Sdn Bhd.
- Trans Certification & Inspection Sdn Bhd reserves the right to cancel or postpone the programme due to unforeseen circumstances.
- Trans Certification & Inspection Sdn Bhd also reserves the right to modify the advertised topics or course timings whenever necessary.
- Late payment is subject to "1.5% late payment interest per month, on daily rest".

Condition	For PAID Registrants	For UNPAID Registrants
Cancellation more than 14 working days prior to training	Full refund	Not applicable
Cancellation less than 14 working days but more than 7 working days prior to training	10% administration fee chargeable	10% administration fee chargeable
Cancellation less than 7 working days prior to training	No refund	Full fees chargeable
Participant no-show	No refund	Full fees chargeable